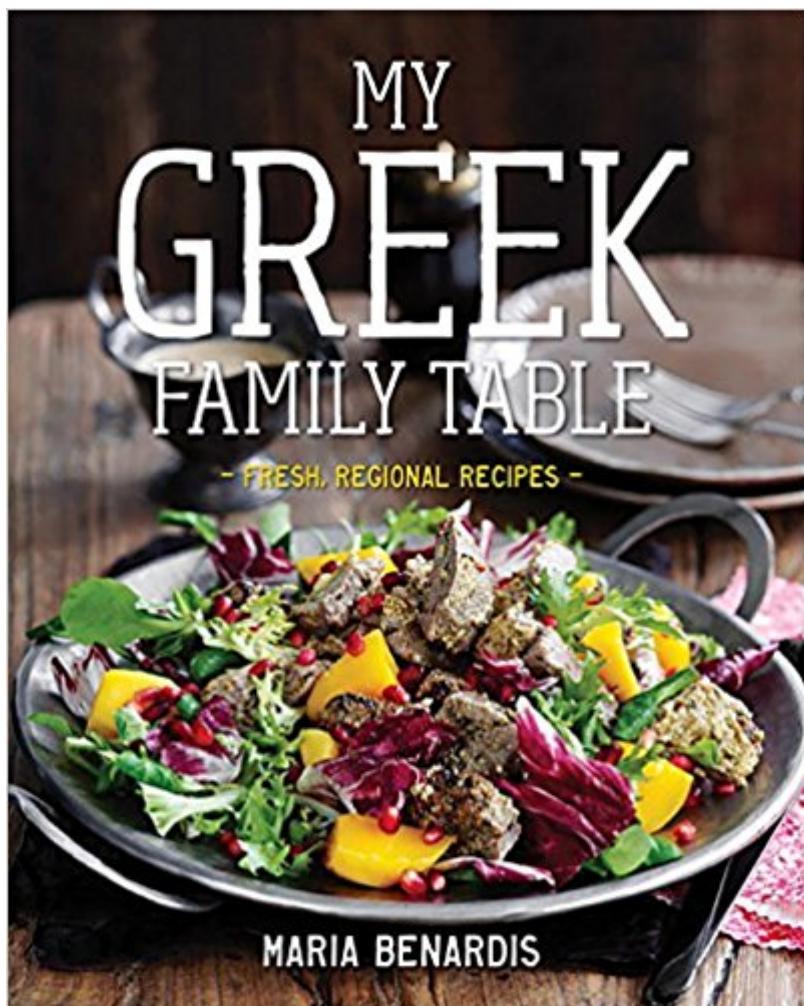


The book was found

My Greek Family Table: Fresh, Regional Recipes



Synopsis

More than 100 Greek recipes, updated for the modern home cookGreek dishes have influenced other cultures for thousands of years. The dishes and preparation are simple; the taste, divine. In My Greek Family Table, Maria Benardis describes her summers of cooking at her grandmother's elbow on the Greek island of Psara, and places an emphasis on eating for health and well-being. The foods of ancient Greece are as relevant and delicious as ever, showcased in recipes such as: Barley and Pomegranate SaladChicken with Herbed Feta CrustLamb with Avgolemono (egg and lemon sauce)Hippocrates Spiced WineWritten with passion and beautifully photographed, My Greek Family Table is a personal invitation to experience all the depth and flavor of Greek cooking and the wonderful spirit of kerasma—the offering of food to those we love. Over 50 color photographs

Book Information

Hardcover: 240 pages

Publisher: Countryman Press; 1 edition (May 16, 2017)

Language: English

ISBN-10: 1682680789

ISBN-13: 978-1682680780

Product Dimensions: 8.4 x 0.9 x 10.3 inches

Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #230,414 in Books (See Top 100 in Books) #33 in Books > Cookbooks, Food & Wine > Regional & International > European > Greek #107 in Books > Cookbooks, Food & Wine > Regional & International > European > Mediterranean

Customer Reviews

Maria Benardis grew up in Australia, where she founded Greekalicious, Sydney's first exclusively Greek cooking school. She has been featured on nytimes.com, Huffington Post, Good Day New York, and Mind Body Green and teaches cooking classes at venues including the Natural Gourmet Institute and Sur La Table. Benardis lives in New York City.

[Download to continue reading...](#)

Greek: Greek Recipes - The Very Best Greek Cookbook (Greek recipes, Greek cookbook, Greek

cook book, Greek recipe, Greek recipe book) GREEK MYTHOLOGY: Greek Gods Of Ancient Greece And Other Greek Myths - Discovering Greek History & Mythology - 3rd Edition - With Pics (Greece, Greek, Egyptian ... Greek History, Mythology, Myths Book 1) My Greek Family Table: Fresh, Regional Recipes The Grain-Free Family Table: 125 Delicious Recipes for Fresh, Healthy Eating Every Day The Art of the Table: A Complete Guide to Table Setting, Table Manners, and Tableware Pivot Tables: Pivot Table Basics, Pivot Table Essentials, Data Crunching, Master Pivot Tables, Learn Pivot Tables. Pivot Table Tricks, Tips, Secrets, Shortcuts, Made Easy, Pivot Tables for Beginners Greek Mythology: Greek Gods of Ancient Greece and Other Greek Myths Greek Cookbook Series:- Delicious Greek Appetizers: Delicious Homemade Greek Appetizer Recipe one can make from scratch with Detailed Instructions for ... (General Cookbook, healthy, appetizers Greek Mythology: A Concise Guide to Ancient Gods, Heroes, Beliefs and Myths of Greek Mythology (Greek Mythology - Norse Mythology - Egyptian Mythology Book 1) The Pocket Oxford Greek Dictionary : Greek-English English-Greek Greek Mythology for Kids: From the Gods to the Titans: Greek Mythology Books (Children's Greek & Roman Myths) My Greek Family Table Jello Shot Recipes: 55 Fun & Creative Jello Shot Recipes for your Party (Jello Shots, Jelly Shots, Party Recipes, Jungle Juice, Punch Recipes, Vodka Recipes, ... Rum Recipes, Cocktail Recipes, Wine Making) Fresh Start: Farm-to-Table, Plant-Based Baby Recipes The China Study Family Cookbook: 100 Recipes to Bring Your Family to the Plant-Based Table The Pollan Family Table: The Best Recipes and Kitchen Wisdom for Delicious, Healthy Family Meals VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) The Connecticut Farm Table Cookbook: 150 Homegrown Recipes from the Nutmeg State (The Farm Table Cookbook) The Vermont Farm Table Cookbook: 150 Home Grown Recipes from the Green Mountain State (The Farm Table Cookbook) The New Mexico Farm Table Cookbook: 100 Homegrown Recipes from the Land of Enchantment (The Farm Table Cookbook)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)